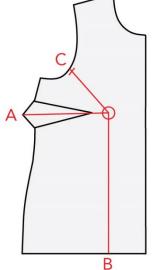
Small Bust Adjustment

Make a copy of the original pattern by tracing the front bodice, be sure to transfer all dart lines, notches, and markings.

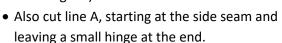
1. Start by drawing three lines onto the front pattern piece:

- The first line (marked A in the illustration) goes through the center of the bust dart to the bust apex. If your pattern has no dart, draw a line from the bust apex horizontally across to the side seam.
- The second line (B) goes from the bust apex down to the waist, parallel to the center front. If your pattern has a waist dart, this line will likely go through the middle of the waist dart.
- The third line (C) goes from the bust apex up diagonally to the armscye, about a third of the way along the armscye from the underarm. The exact point isn't important, so no need to stress about this bit. Mark the seam allowance at the top of this line at the armscye.



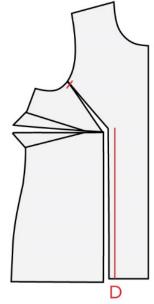
2. Now it's time to cut.

 First, cut up line B to the apex, and continue cutting up line C, stopping at the armscye seam allowance.
Snip into the seam allowance from the other side, leaving a little hinge there. (Don't worry if you accidentally cut through the hinge—you can just put a piece of tape over it and cut into it again.)



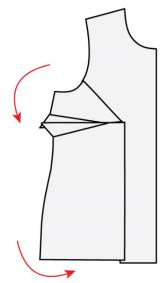
3. Now we need to draw a line parallel to line B, on the other side of the dart (the center of the garment).

Let's call this line D. This line should be the width away from line B that you need to remove from your garment—but remember to halve the total amount you need taken out because this piece reflects half of your body. For example, if you need to do a 1" SBA, u should draw line D 0.5" from line B.



4. Swing the bottom left section of your pattern piece up and over, so that line B lines up with our new line D.

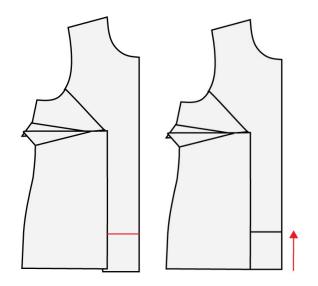
As you're doing this, the top left bit should swing down and overlap the bottom section, which results in the dart getting smaller.



5. You'll see now that the hemline is uneven. To even it out, we're going to do a line on the righthand section of our pattern piece, parallel to the hem.

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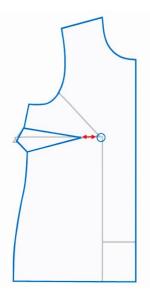
6. Now we can cut the piece at that line and slide it up until the hem is even again.

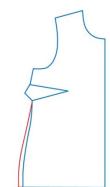


7. Now we can trace out our new pattern piece

onto tracing paper. To make our new bust dart, we can make new dart legs that start from the original legs and end 1-1.5" from the bust apex. Make sure to true up the dart legs. If you're working with a pattern that didn't have a dart, you still won't have one, so you can just ignore this step. (Hurray!)

8. One final thing: you'll notice that we lost a bit of width in the waist and hip while we were making this adjustment. If you want to get that width back, you can add it at the side seam.





And that's all there is to it! How easy was that? You can now start sewing up your garment—we recommend making a muslin first to check the fit before cutting into your good fabric.

NOTES: _____